

Sailing Instructions

Attachment 3

2021 SA Sailing League – Boat Handling



GENERAL

1. While all reasonable steps are taken to equalise the boats, variations will not be grounds for redress. (Amends RRS 62)

PROHIBITED ITEMS AND ACTIONS

Except in an emergency or to prevent damage or injury, or when directed by an umpire or the RC otherwise, the following are prohibited:

1. Any additions, omissions or alterations to the equipment supplied.
2. The use of any equipment for purpose other than that intended or specifically permitted.
3. The replacement of any equipment without the sanction of the OA / Race Committee.
4. Sailing the boat in a manner that is reasonable to predict that significant further damage would result.
5. Moving equipment from its normal stowage position except when being used.
6. Boarding a boat without prior permission.
7. Taking a boat from its berth without having paid the required damage deposit or, on race days, while 'AP' is displayed ashore.
8. Hauling out a boat or cleaning surfaces below the waterline.
9. Attaching lines to the fabric of spinnakers.
10. Using any other lines excluding sheets to assist with leverage.
11. Perforating sails, even to attach tell tales.
12. Radio transmission (including mobile phones) while racing.
13. Adjusting or altering the tension of standing rigging.
14. Using a winch to adjust the mainsheet, vang or cross sheeting.
15. Omitting any headsail car or turning block before sheeting.
16. The use of electronic equipment other than watches.
17. Using the spinnaker pole to wing out the foresail.
18. Marking directly on the hull, sheets or deck with permanent ink.
19. Any adjustments to the spinnaker bags or their attachments.
20. The use of the shrouds above the lower bottle screw (turnbuckle) to facilitate tacking or gybing, or to aid the projection of a crew member outboard is prohibited.
21. Extending the bow sprit on any leg of the course unless in use with asymmetric spinnaker.
22. Hiring a boat while under the influence of alcohol or drugs.
23. Smoking while on the boat.

PERMITTED ITEMS AND ACTIONS

The following items and actions are permitted:

1. Taking a bag on board containing:
 - (a) Basic hand tools
 - (b) Adhesive tape
 - (c) Line (elastic or otherwise of 4mm diameter or less)



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- (d) Telltale material
 - (e) Watch, timers and handheld compass
 - (f) Shackles and clevis pin
 - (g) Velcro tape
 - (h) Spare flags
2. Using the items in the above list to:
- (a) Prevent the fouling of lines, sails and sheets
 - (b) Prevent sails being damaged or falling overboard.
 - (c) Mark control settings
 - (d) Make minor repairs and permitted adjustments
 - (e) Make signals as per RRS C6

MANDATORY ITEMS AND ACTIONS

The following are mandatory:

1. The completion of a written damage report (which can be found in SI Attachment 4) before leaving a boat and submitting it to the OA, even if no damage or loss is recorded. The report shall include any evidence of matters that could cause damage or disadvantage to the boat in future matches. Failure to submit a damage report on any day will result in a \$50 deduction from the crew's damage deposit. Damage report forms will be available from the EH and the OA's designated boat manager.
2. At the end of each sailing day:
 - (a) Folding, bagging and placement of the sails as directed by the OA's designated boat manager.
 - (b) Leaving the boat in the same state of cleanliness as when first boarded that day.
3. At the end of each day for a particular boat the crew shall clean the boat, remove all trash, remove all tape and marks and use bucket and sponge to remove any water from bilge.
4. Any requests to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.
5. Complying with any regulations, including speed restrictions and navigation marks, while leaving or returning to the berth.